

**HILLSBORO SCHOOL DISTRICT 1J
ATHLETIC/ACTIVITY PROGRAMS
Participant Information**



School of Attendance _____	Parent's Home Phone _____
Name of Participant _____	Parent's Daytime Phone _____
Id. Number _____ Graduation Year _____ M/F	School Last Attended _____
Date of Birth _____ Month Day Year	Year in School 9 10 11 12
Parent's Name _____	Address _____
Family Doctor _____	e-mail _____
Emergency Contact _____ (Other than Parent)	Phone Number _____

Your child has expressed a desire to participate in a Hillsboro School District 1J athletic/activity program. The athletic/activity staff and administration of the District believe there is certain information concerning such participation which may be helpful to you. Please read and sign this information form and return it to the appropriate school.

1. Each participant must possess a student identification card.
2. Student athletes (not activity participants) entering the ninth grade, new students, and students entering the eleventh grade must have proof of a physical examination before participating in an athletic program.
3. Each participant must either purchase a medical insurance plan available through the school or show evidence of private medical insurance.
4. Hillsboro School District 1J is not liable for any medical, dental, or hospital bills occurring as a result of injuries incurred by a student while participating in a supervised activity. Such bills shall be the responsibility of the student's parents or guardians.
5. Each student will be held monetarily accountable for school equipment issued as a participant.
6. Athletic/activity participants may be photographed or their name included in District publications, including the District website.
7. All participants are expected to conform to the rules of scholastic eligibility, participation, and behavior standards prescribed by the Oregon School Activities Association, Hillsboro School District 1J, and the athletic/activity staffs. See behavioral standards on back.

PHYSICAL EXAMINATION

Physical exams are required for all first-time participants, students entering ninth grade, and students entering the eleventh grade. All physicals are required to be recorded on the state form as per ORS 336.479. Successful results of the physical examination are required for participation. These physicals are the responsibility of the family and the family physician. On years when physicals are not required, an athlete may continue participation on a signature of a parent. A student who is diagnosed with a significant illness or has a major surgery must have a physical examination prior to further participation in extracurricular sports.

INSURANCE

Name of company providing accident insurance for the student.

Policy # _____

Parent's signature below affirms they will keep this policy in effect for the duration of the student's participation.

NON-PHYSICAL YEAR

I authorize my child to participate in athletics without a physical examination since there is no significant change since the last examination.

PARENT'S SIGNATURE

PARTICIPATION FEE CLEARED: _____ **Yes**

I give permission for my child to participate in the Hillsboro School District 1J athletic/activity program, realizing that such activity involves the potential for injury which is inherent in all athletics/activities. I acknowledge that even with the best coaching, use of the most advanced protective equipment and strict observance of rules, injuries are still a possibility. On rare occasions, these injuries can be so severe as to result in total disability, paralysis, or even death. I further recognize that medical treatment on an emergency basis may be necessary at a time when I am not available to give my consent in advance of such emergency care, and hereby give permission to Hillsboro School District 1J to authorize such care as may be deemed necessary under the existing circumstances. **I acknowledge that I have read and understand this warning, other information contained on this form, and the Academic Standards for athletic/activity participants as stated in the Hillsboro School District 1J Standards of Student Conduct.**

Date _____ **PARENT'S SIGNATURE** _____ **PARTICIPANT'S SIGNATURE** _____

Sport/Activity _____

Athletic/Activity Behavioral Standards

Participants in athletic/activity programs will adhere to all behavioral standards at all times. Representing a school as part of an athletic/activity program is a privilege, and with the extra returns go certain responsibilities. The goal of behavior and conduct standards is twofold:

1. Participants in athletic/activity programs shall present and conduct themselves in a manner which will bring credit to themselves, the student group or team they represent, and their school
2. All athletic/activity participants will strive continually to improve themselves by attaining standards higher than those asked of the general student.

*All behavior standards are listed in the Student Code of Conduct

Along with these behavior expectations, the following standards will be in effect for all students who represent their school as participants in athletics/activities.

SUBSTANCE ABUSE DEFINITIONS AND STANDARDS

1. An athlete is defined as a student who is a member of an OSAA sponsored team, ninth through twelfth grade. Athletic training standards require that athletes agree not to possess, use, sell, or provide alcohol, tobacco, or illegal/unauthorized drugs or related paraphernalia at any time. Athletes agree not to be present where unlawful use of alcohol or drugs may occur.
2. Activity participants are defined as participants in OSAA school-sponsored groups which represent the school publicly or in competition with other schools. Activity participants will not possess, use, sell, or provide alcohol, tobacco, or illegal/unauthorized drugs or related paraphernalia at any time. Activity participants agree not to be present where unlawful use of alcohol or drugs may occur.

PENALTIES

FIRST OFFENSE: Participants in athletic/activity programs who violate drug, alcohol, or tobacco standards shall be suspended from participation and lose the right to represent the school for ninety (90) calendar days.

Participants in athletic/activity programs lose the right to represent the school in competitions, but may continue to practice with the team.

As a condition of reinstatement and before representing the school in any activity thereafter, students who violate drug, alcohol, or tobacco standards will:

- Submit verification and summary of the completion of chemical abuse evaluation and treatment or tobacco cessation program to the administration, athletic director, or activity director, and
- Meet with parents or guardians, coach, advisor, and administrator (or designee) prior to reinstatement.

Upon completion of the above procedure, the student may petition the principal or designee for reinstatement after not less than twenty (20) school days.

SECOND OFFENSE: Participants in athletic/activity programs who commit a second offense shall lose participation privileges for one (1) calendar year.

In case of alleged violations, due process in the form of notification of alleged violation and the right to a hearing must be extended to students involved. The implementation of this policy rests with the building administration and high school athletic/activity director. Consequences begin as soon as a building-level decision is made. Requests to appeal this policy shall be directed to the building principal. ***It should be noted that any evidence turned into the district or school of alleged violations (photos, face book, etc) must be able to be verified and proven by the building administration to implement any consequences against a student.*

ATHLETIC EQUIPMENT

Generally, all competitive equipment is supplied by Hillsboro School District 1J with the exception of personal items and shoes. The coach will issue all of these supplies. No equipment is to be worn or used off the school campus unless officially competing or practicing. Competition uniforms or warm-ups are not to be worn for practice. Athletic uniforms are not to be worn for physical education classes. Equipment lost by the player will be paid for by the individual at the replacement value of the lost item.

HAZARDOUS TECHNIQUES

Coaches are cautioned not to use techniques which might be hazardous to the health and safety of squad members. Therefore, coaches shall not:

1. Advise players to lose weight by any crash diets or rapid dry-out techniques. Weight reduction decisions are the responsibility of the participant, parents or guardian, and the family doctor.
2. Advise or ask players to experiment with the use of vitamins, steroids, or any food additives or medication which might influence changes in body weight or growth.